## June 2002

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours of Operation</th>
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<tbody>
<tr>
<td>1-2</td>
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<tr>
<td>3-6</td>
<td>7:30 a.m. – 9:00 p.m.</td>
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<td>7</td>
<td>7:30 a.m. – 5:00 p.m.</td>
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<td>8</td>
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<td>9</td>
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<td>10-13</td>
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## July 2002

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<td>1-3</td>
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<td>14:00 p.m. – 8:00 p.m.</td>
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<td>26-31</td>
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**NEWS IN BRIEF**

It is not too early to schedule ORIENTATIONS for the Summer semester! Since we are sharing the computer lab with other groups, it is essential you schedule in advance to get the date you want!!!

The LRC Computer Lab has gone wireless. Anyone with a palm handheld computer can synchronize his/her favorite web sites for offline browsing. There is also an infrared printer that can print from any palm handheld computer. Just look for the Palm Port Banner!!!!!!!!

Lola Turner, Supervisor of the Audio/Visual Area, is retiring after 17 years. She already has trips planned to: San Antonio, Las Vegas, Grand Canyon, and New England. WE'LL MISS YOU, Lola!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Dorothy Davis, Administrative Secretary, has a ‘glow’ about her these days. She just returned from a visit with her kids at Ramstein Air Base in Germany. Some of the sites they visited were: Holiday Park (equal to our Six Flags parks) in Hasslock; the Citadel in Bitcho, France; vineyards in Trier; castles in Landstul and Kusel; and a gem mine in Idar-Oberstein. She commented on how friendly the Germans are, but they sure do drive fast (90-100 mph)!!!!!!!!
Krystle Garman, daughter of Jan Walton (Audio-Visual Aide) and niece of Jeanie Cavett (Coordinator of Reference Services) recently participated in the Miss Oklahoma National Teen Contest and won the ‘Best Choice Award’ both nights. CONGRATULATIONS, Krystle!!

“Poison ivy, poison ivy. Late at night while you’re sleepin’ poison ivy comes a’creepin’ all around.” As the song goes, Dorothy Davis is wondering if that is what happened to her. How else could she have gotten it?

Lola Turner has a special glow about her these days. She has a new granddaughter, Olivia Grace Faris, born May 5th. Her parents, Keith & Toni, and two sisters think she is the tops! CONGRATULATIONS, Lola!!!!!!!!!!!!

Several LRC staff members participated in the Telstar Read-a-Thon. They met with second graders from Telstar Elementary to listen to them read and help them with their reading skills.

The online Interlibrary Loan request form is functional and can be accessed at http://www.rose.edu/research/forms.htm

Jessica Weatherby, Library Technical Assistant-Reference, recently graduated from RSC with an AA degree in Library Technical Assistant. CONGRATULATIONS, Jessica!!!!!!!!!!

Dustin Reeves, formerly Evening Information Desk Clerk, is the new Evening Circulation Desk Clerk. CONGRATULATIONS, Dustin!!!!

Elizabeth Posey, Tutor, is a new Great Grandma of a 9 lbs. 3 ½ oz. baby girl. She was so excited about being a Great Grandma that she forgot to ask the name! CONGRATULATIONS, Great Grandma Elizabeth!!!!!!!!!!!!

HELP! Please do not reshelve magazines, journals, or books. Library shelvers tally each item as it is shelved, and the information is used in collection development. Your help is greatly appreciated!!!!!!!

The 15th Street News Index has been completed back to April ’88. It can be accessed on the computers in the Library Reference Area or from the RSC Intranet page.

PROFFESSORS, before bringing your class(es) to the library for research, please call x7543 and schedule in advance. Having several classes working in the library at the same time causes a shortage of reference materials and computers. It is also very difficult for the Reference Librarian to provide adequate assistance and does create a noise problem for other users.
WHAT'S NEW IN THE LIBRARY?

(For a complete listing check the RSC Homepage Website at http://www.rose.cc.ok.us/lrc.htm)

CIRCULATING BOOKS

BF209 .H34 L45 TURN ON, TUNE IN, DROP OUT

CS16 .W46 FINDING YOUR ROOTS: HOW TO TRACE YOUR ANCESTORS AT HOME AND ABROAD

E93 .F7313 INDIAN RESERVATIONS IN THE UNITED STATES: TERRITORY, SOVEREIGNTY, AND SOCIOECONOMIC CHANGE

E185.63 .E34 HIDDEN HEROISM: BLACK SOLDIERS IN AMERICA'S WARS

GN768 .R83 THE LOST CIVILIZATIONS OF THE STONE AGE

GV868.4 .W48 GREAT HOME RUNS OF THE 20TH CENTURY

HD30.2 .H657 IT MANAGER'S HANDBOOK: GETTING YOUR NEW JOB DONE

HD30.27 .B44 IT TAKES A PROPHET TO MAKE A PROFIT: 15 TRENDS THAT ARE RESHAPING AMERICAN BUSINESS

HF5389 .B76 PROFESSIONAL IMPRESSIONS: ETIQUETTE FOR EVERYONE, EVERYDAY

HF5415.335 .J64 IMPROVING CUSTOMER SATISFACTION, LOYALTY, AND PROFIT: AN INTEGRATED MEASUREMENT AND MANAGEMENT SYSTEM

KF2994 .S26 THE ILLUSTRATED STORY OF COPYRIGHT

PA3043 .G74 GREEK BIOGRAPHY AND PANEGYRIC IN LATE ANTIQUITY


QA21 .K33 A HISTORY OF MATHEMATICS: AN INTRODUCTION

QP334 .W53 THE HAND: HOW ITS USE SHAPES THE BRAIN, LANGUAGE, AND HUMAN CULTURE

R119.9 .H39 HEALTH CARE RESOURCES ON THE INTERNET: A GUIDE FOR LIBRARIANS AND HEALTH CARE CONSUMERS
R697 .A4 B33 INTRODUCTION OT HEALTH OCCUPATIONS: TODAY’S HEALTH CARE WORKER
RC548 .B83 HOLISTIC SLEEP: BEATING INSOMNIA WITH COMMONSENSE, MEDICAL, AND NEW AGE TECHNIQUES
Z285.5 .R63 HOW TO PUBLISH AND PROMOTE ONLINE

REFERENCE BOOKS
GR35 .M43 V.1-2 MEDIEVAL FOLKLORE: AN ENCYCLOPEDIA OF MYTHS, LEGENDS, TALES, BELIEFS, AND CUSTOMS
HM425 .E5 V.1-5 ENCYCLOPEDIA OF SOCIOLOGY
Q141 .C55 CONCISE DICTIONARY OF SCIENTIFIC BIOGRAPHY

VIDEORECORDINGS
HV6626.2 .B37 F53 BATTERED WOMEN: FIGHTING BACK
HV6626.2 .B37 U52 BATTERED WOMEN: UNDER SEIGE
N7430 .P7 PRINCIPLES OF DESIGN
NC890 .P46 PENCIL DRAWING
NC730 .D73 DRAWING METHODS
NC850 .D723 DRAWING WITH CHARCOAL
NC880 .D72 DRAWING WITH PASTELS
TR897.7 .C661 COMPUTER ANIMATION MAGIC
TR897.7 .C663 COMPUTER DREAMS
TR897 .V527 VIDEOMAKER PRESENTS SOUND SUCCESS
TR896 .V52 VIDEOMAKER PRESENTS VIDEO EDITING
QM548 .v53 THE VIDEO ATLAS OF HUMAN ANATOMY. TAPE 4, HEAD/NECK PT. 1 & 2
QM115 .B76 .P44 TOPOGRAPHIC ANATOMY OF THE PELVIS, PERINEUM, AND INGUINAL REGION

QM113 .B76 .T54 TOPOGRAPHIC ANATOMY OF THE THORAX. PT. 1. EXTERNAL FEATURES

RJ125 .B76 .P67 POSTNATAL DEVELOPMENT OF THE SKELETON. PT 2. VETEBRAL COLUMN, AND EXTREMITIES

VERTICAL FILE

CANC A84 ATLAS OF CANCER MORTALITY IN THE UNITED STATES, 1950-94

CANC C367 CANCER RATES AND RISKS

CANC R32 RACIAL/ETHNIC PATTERNS OF CANCER IN THE UNITED STATES, 1988-92

CHILD ABU B868 CHILD ABUSE ALLEGATIONS IN THE MIDST OF DIVORCE AND CUSTODY BATTLES: CONVENIENCE, COINCIDENCE OR CONSPIRACY?

EDUC O44 R46 REPORT AND RECOMMENDATIONS FOR OKLAHOMA INFANTS, TODDLERS AND PRESCHOOL CHILDREN (FROM BIRTH THROUGH AGE FOUR) AND THEIR FAMILIES

INTER 153 INTERNET ETIQUETTE (NETIQUETTE)

NUTR W59 WHY MILK MATTERS: QUESTIONS AND ANSWERS FOR PROFESSIONALS

POIS L425 LEAD IN YOUR HOME: A PARENT’S REFERENCE GUIDE
WHERE DO I GO?

Spring is here and gardening is once again becoming America’s favorite pastime. Choosing the right plant can often be difficult. Which plants require a lot of sun? Which ones need more shade? How much water do roses require? These are some of the questions you will find answers to in The Plant Selector by Brian Davis. Over 1500 garden plants including: trees, shrubs, climbers, roses, etc. are arranged alphabetically. Each plant entry gives a full profile of the flower and leaf description, height and spread, growing conditions, and usage. There is also expert advice on care and cultivation, planting styles, color, texture, shape, and form. The book can be found in the reference area (SB407 .D38).

BROWSING THE PERIODICALS

(Periodicals are located at the south end of the library on the first floor and filed alphabetically by title.)

Are jellyfish harmless? Who will listen to my conservation concerns? Where can I find out more information on the preservation of endangered species? As the weather gets warmer, people begin spending more time outdoors and “getting back to nature” is the weekend theme of many families. Answers to these questions and helpful tidbits on the wilderness and its wildlife can be found in the periodical, Audubon. It is published by the Audubon Society, the first bird preservation organization in the United States. The mission of the Society is to “conserve and restore” natural ecosystems, focusing on birds and other wildlife for the benefit of humanity and the earth’s biological diversity. It presents wildlife news from around the world in its “Field Notes” section. Each issue contains photographs of wildlife, flowers, and exotic destinations. It can also be accessed through the web site http:www.magazine.audubon.org.

Academic Testing Services

By

(Karen Mills)

Academic Testing Services administers make-up tests, advanced standing tests, the computer proficiency exam, and tests for self-paced, correspondence, Internet and telecourse classes.

Summer Hours
June 3 – July 30

Mon. – Thu. 8 a.m. – 8 p.m.

Fri. 8 a.m. – 5 p.m.

Sat. CLOSED

Sun. 1 p.m. – 7 p.m.

Hours may vary during holiday periods.

We will be closed July 4-6

Faculty who use Testing Services will need to:

- Fill out an instruction sheet for administering tests *
  - Have their name on each test
  - Have the course prefix and number on each test

* Instruction sheets are available at Testing Services and on line.

http://www.rose.edu/research/testing.htm.

To take a test, students must provide:

- Photo ID
- Instructor’s name
- Course name
- Test number

For additional information, phone 733-7440.

TUTOR SERVICES

By
The new RSC policy provides free tutoring in LRC 101 for RSC students in GENERAL EDUCATION courses only. This includes 0 level skill building courses. More information may be found at http://www.rose.edu/research/tutoring.htm or by calling Tutor Services (733-7417) Monday – Thursday from 8:30 a.m. - 8:00 p.m. or Friday from 8:30 a.m. - 5:00 p.m.

By Janet Griffith

Greetings from Disability Services & Resources (DSR)! We trust you had an enjoyable Memorial Day weekend and are ready to launch summer!

We’d like to welcome the “summer” folks and mention some of the things going on with DSR. Some of the current happenings are:

- A new student worker is located in the LRC Computer Lab with our adaptive technology. Penny Schmidt will be a great addition since she is already familiar with some of the adaptive software. As you have students in your classes who might benefit from using these programs, please refer them to Penny and she can help them utilize these services.

- During the last couple of months much time has been spent with graduating high school seniors and often their parents as they anticipate the transition from high school to college. The ADA application at the college level is very different from high school. Assisting students in this transition can help lay a better foundation for their success. We’re looking at more consistent ways to do this in the future. For some students with disabilities just finishing high school is a scary move and by helping them with this transition, they can be successful.

- One of the roles of this office is to be a catalyst in creating dialogue between students with disabilities and faculty; and to help them achieve the interaction that will provide these students equal opportunity for success. The desire of DSR is to partner with faculty in the students’ learning journey.

As we start the summer semester, just a couple of friendly reminders from the DSR office:

- Remind students that accommodations are arranged through this office (LRC125).
- Take the time to discuss specified accommodations when given the form by a student. Help the student plan ahead for that first test. If you have a question concerning accommodations please talk with the student or call the DSR office.
- Sometimes “life” interferes with learning. If you see students who might need counseling, please refer them to Special Services & Student Outreach (SSB101) or to DSR (LRC125)
• Remember the Assistive Technology, including software, is available in the LRC Computer Lab. Penny will be here Monday-Friday this summer to help folks best utilize these resources.
• Take a few minutes & think about an emergency evacuation plan for your class, especially if you have a student with special needs who may need assistance.
• DSR is here to serve both students and campus personnel as we work together.

For more information about services for students with disabilities or to refer students wishing to request accommodations or if you have questions concerning approved accommodations, please contact Janet Griffith at 733-7407 or stop by LRC 125. The welcome mat is always out!

FROM THE STACKS

By

(Sharon Saulmon)

OK, so we’re all getting older. That doesn’t mean we have to feel older or act older.

Ken Dychywald in Healthy Aging: Challenges and Solutions (RA777.6.H45 1999) reports on several studies which show that we can “dramatically influence our health status as we age...This process is determined by our species-specific genetics, but more than 50% of our potential for lifelong health is determined by our personal behaviors.” Regular exercise, proper nutrition, stress management, injury prevention, proper use of medication, smoking cessation and the appropriate use of health care services can produce reductions in common diseases in aging.

A study of nuns, ranging in age from 75 to 106, has a lot to say about leading longer, healthier, and more meaningful lives, according to Dr. David Snowdon. Aging with Grace (HQ1064.U5 S5936 2001) combines research and personal stories of these active, bright and articulate women. Dr. Snowdon visits with the nuns and learns about their lifestyles and medical histories. Sister Clarissa at the age of 90 drives around the convent in a motorized cart she calls her “Chevy” and knows as much about baseball as any die-hard fan a third her age. Prayer and contemplation were found to have a positive influence on long-term health and may even speed the healing process. Marriage, membership in churches, clubs, or other social groups, and regular contact with family and friends all reduce the risk of heart disease and stroke.

Older adults, both male and female, can receive health benefits from regular (preferably daily) physical activity. Active Older Adults by Lynn Allen (GV 482.6.A38 1999) suggests that we get in a mindset about specific ages that encourages us to “slow down.” The Surgeon General’s Report on Physical Activity and Health says, “People of all ages can improve the quality of their lives through a lifelong practice of moderate physical activity.” This should begin with short intervals of moderate physical activity and
gradually build up to the desired amount. This book gives sample physical activity programs for older adults that have worked in different settings.

Related books include *The Detox Book* by Bruce Fife (RA1213.F48 1997) on improving your health, stopping disease, and reversing aging; *Look Younger, Live Longer* by Bruce Goldberg (RA776.75.G65 1998), adding years to your life naturally; and *The Clock of Ages; Why We Age, How We Age, Winding Back the Clock* (QP86.M52 1996).

**David's Computer Tips**

By

David Hamilton

Tired of typing? All programs in Microsoft Windows have useful keyboard shortcuts that can save time. One of my favorites is the Ctrl + Enter shortcut in Internet Explorer. Open Internet Explorer and type weather in the address bar. Hold down the Ctrl key and press the Enter key. You should notice that weather changed from “weather” to [http://www.weather.com](http://www.weather.com) Internet Explorer adds http://www.com to any word typed in the address bar when you use the Ctrl + Enter shortcut. This tip can save you from typing up to 15 extra keystrokes.