ROSE STATE COLLEGE

Division Course Syllabus

Division: Humanities
Course Prefix and Number: TH 1341

Course Title: Theatre Dance I - Ballet Technique
Semester and Year Submitted: Spring 2014
Credit Hours: 1

Prepared by: Rick Nelson

Hours Per Week: Class Lab

Course Description (as it appears in Catalog)
Musical Theatre Dance I - Ballet Technique introduces students to the fundamentals of classical ballet technique. In each class, students participate in conditioning, movement exercises and dance phrases designed to increase knowledge and improve execution of basic ballet steps.

Prerequisites: None

Text(s):

Supplemental Materials: (Other books, audio visual aids, etc.)
Outline for Remainder of Syllabus:

Rationale:
This course is an introduction to the fundamentals of classical ballet. Emphasis is on correct alignment and working with a conceptual understanding of the theories of technique. It includes the basic exercises of a ballet barre as a warm-up, and preparation for center work to give strength, flexibility and stamina. Ballet terminology and a brief history are also covered. Having completed this course, a student will gain an appreciation of ballet as an art form and as a method of attaining the greater body awareness and skills necessary for further dance training.

Expected Outcomes:

1. Increased knowledge of ballet as an art form
2. Increased ability to demonstrate ballet technique
3. Increased understanding of anatomy and alignment
4. Increased knowledge of ballet terminology
5. Increase knowledge of the ballet aesthetic

Methods of Instruction: Lecture and demonstration
Practice on skills and techniques.

This is a participation class. The instructor uses verbal instructions and physical demonstrations to teach ballet. Practice and repetition are the primary modes of learning, followed by corrections, clarification and detailed analysis.

Assessment (Including Critical Thinking measurements):
Measured by attendance, observation and exam.

Learning Objectives:
Unit One: Learn anatomy as it pertains to ballet technique.
Learn and execute the fundamentals of ballet technique.
Unit Two: Understand and practice alignment.
Increase strength, flexibility and coordination.
Unit Three: Demonstrate ballet floor work and phrasing.