A Dose of SSS at Rose
Serving it Up - SSS Style

Student Support Services is a brand new program at Rose State College. Funded by the U.S. Department of Education to serve and support 140 Rose State College students, our goal is to retain participants and assist them in successful completion of an associate degree and transfer to a baccalaureate program.

We offer a variety of services that support and improve academic success. Student Support Services is not simply another program to be a part of; it is an experience that we hope will enhance and enrich the academic journey of our participants.

One of the primary components to our program is academic advising. Taking the right classes at the right time is important to achieving goals. Whether a student has struggled with too many classes in the past or needs a bit more of a challenge, we want to help build a schedule that’s right for them. For students that feel confident selecting classes and enrolling themselves; we are always available to answer questions and fill in the gap.

We want to make each semester successful for our students. This is where our tutoring program and workshops come into place. We want our tutoring lab to be a comfortable place where students feel free to study at their leisure, ask questions, get help and meet fellow SSS students. Workshops are a great way to develop the skills necessary to push through a tough semester. Workshops are offered in a wide range of subject areas: test taking, college survival, math anxiety, career exploration, learning styles, and many more.

The ultimate goal for our program is to guide our students towards graduation and assist them in transferring to a four-year institution. We recognize that the transfer process can be overwhelming at times and we want to help make that transition smooth and painless. To support the process, we assist students in navigating the application process and offer campus visits. These visits provide an opportunity for participants to decide which university is right for them or to become more familiar with the university they have already selected. Campus visits makes students feel at ease and get them connected with the right people to answer questions and plan their course of study.

In addition to academic support, we also provide students the opportunity for cultural enrichment. Our participants are invited to attend plays, musicals, museums, and festivals to help broaden the learning experience outside of the classroom and to cultivate new friendships. Students learn a lot by attending these cultural events, but sometimes they have so much fun they don’t even realize it!

We want the college experience of our participants to be rich, well-rounded and successful. We’re here for our students from start to finish, with all of the pitfalls and mountaintops in between. We’re excited for students to become part of this experience we call Student Support Services.

All our dreams can come true...if we have the courage to pursue them.

- Walt Disney
Meet YOUR Staff

Counselor’s Confessions

Shoot for the moon. Even if you miss it you will land among the stars.
-Les Brown

Success is a lot of work. We all want to be successful at the things we value most. We try really hard. We study for that test. We try to be the best parent we can be. We try to lose weight. We try to exercise every day. We try to make that relationship work. We try to stay in school. We try to work to provide for our families and our own needs. Juggling school, work and relationships becomes a three-ring circus at times. Then life happens. Things fall apart and they don’t go the way we imagined or expected. Sometimes we get angry. Sometimes we cry. Sometimes we blame others. Sometimes we quit.

Failures will happen in our work, in our education and in life. It is inevitable that at some point in our lives we will let ourselves and others down. Our failures tend to brush away the desire to be successful. Our negative selves tell us, “Yesterday was a failure. I lost, so why should I pick back up where I left off just to see another failure?” But we should keep moving forward because we matter – because you matter. Because that dream you first had to get an education, graduate and then work your dream job is still there inside of you. Our dreams don’t go away. They hide or change a little bit, but ultimately they are still there, covered by our failure or our destructive belief that our dreams don’t matter.

Keep in mind that your past failures do not determine your future success. What determines your success is whether or not you pick yourself up, dust yourself off and keep moving forward. Don’t give up. No matter how much you think you’ve tried in the past, no matter how bad you think you’ve failed DO NOT GIVE UP. Do not look back but keep pushing forward. The stumbling blocks piling up in front of you are simply meant to be pushed down to become stepping stones to huge success. Brian Tracy said, “It doesn’t matter where you are coming from. All that matters is where you are going.” And forward is the only place you can go from here. Forward toward your dreams that do matter. Remember that they also matter to us here at SSS. We are always here to help you lay those stepping stones out so you can climb that mountain of success.

Now Hiring

Academic Mentors

- Tutor in various subject areas
- Assist students in improving their learning and study skills.
- Up to 20 hours per week
- $9.00 per hour

For more information contact:
Amber Mitchell
733-7379

From the Director’s Desk

While the program at Rose has only been in operation since late September, Student Support Services (SSS) has been around for over 40 years! Part of the federal TRiO programs, SSS was established under the Higher Education Amendments of 1968. Since that time, the programs have assisted millions of students in successfully completing a bachelors degree.

During the 2009 reporting period, there were 198,057 participants served by the programs nationally and 4,499 participants served in Oklahoma. The impact of the services provided to these students can be measured by improved GPA’s, increased retention rates, and enhanced graduation rates.

It’s an honor to be part of a program that has such a successful and rich history. It’s our goal to continue to provide quality services that support and nurture students throughout their academic career. We’re here to make a difference!

It’s exciting to be on the Rose State College campus and I look forward to working with you as we continue to build our program. Thanks for your support!

To accomplish great things, we must not only act, but also dream; not only plan, but also believe.
-Anatole France

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FALL 2010 RECAP:
Campus Visits:
University of Central Oklahoma
University of Oklahoma
Oklahoma State University

Cultural Events:
Oklahoma State Capitol tour
Overholser Mansion tour
The Nutcracker Ballet

SPRING 2011 HIGHLIGHTS:
February:
Cultural Event: Oklahoma City Museum of Art
Campus Visit: University of Central Oklahoma
Cultural Event: Oklahoma Trio Day

March:
Cultural Event: Whodunit Murder Mystery Theater
Campus Visit: Langston University
Campus Visit: University of Oklahoma

April:
Campus Visit: Oklahoma State University
Campus Visit: University of Oklahoma Health Science Center
Cultural Event: Festival of the Arts

Spring Schedule

Some succeed because they are destined to, but most succeed because they are determined to.

-Henry Van Dyke

Trying It On
The Importance of Campus Visits

A goal for many Rose State students is to transfer to a four year university. Since this process can have several steps and can be daunting at times, we assist students with applications, essays, getting connected with the right people on prospective campus, and even choosing the right university.

There are so many universities to choose from with varying cultures, sizes and costs. The best way to choose the right school is to “try it on.” Campus visits provide students the opportunity to see the campus in action, know what it has to offer, and get connected to key people on campus.

During the Fall semester participants went to UCO, OU, and OSU. Some tours were in depth, some gave an overview of the school but all were able to answer the questions that each student had about dorm life, programs of study, the admissions process and about the size of the school. Several of these students have made definite decisions as to where they will go to school once they graduate from Rose. Now they can begin applying, making sure that the classes they take at Rose will transfer, and begin taking classes that apply to their four year degree.

So students - try on some university campuses this semester! You don’t have to say yes right away, but at least when it comes time to decide, you will have an idea of what fits and what doesn’t.
Workshops Work
Moving beyond “It’s just another class.”

Between late night cramming; financial aid paperwork; the stress of balancing home, work and school; organizing study
guides, handouts and note cards; and running from this tutor to that tutor; there are workshops.

Workshops work for you! There are all different days, times and subjects available. Don’t feel like you have the time to attend
a workshop? We have a time management workshop just for you! We are also introducing a couple new topics: career explora-
tion & readiness and communication. Other favorite topics include stress management, test taking, math anxiety and college
survival. All workshops are FREE and are strictly for the benefit of students.

Don’t miss out! See the schedule included inside to start planning what workshops you will attend this semester. See you there!