Transfer Agreement
Between
Rose State College
and
University of Central Oklahoma

Effective Academic Year: 2013-2014

Associate in Science in Health and Sports Sciences-Exercise Fitness Management

and

Bachelor of Science Kinesiology-Exercise/Fitness Management

Elizabeth Brown, Professor Health and Sports Science (HSS)

Date

Monique Bruner, Interim Dean Social Sciences Division

Date

Dr. Frances Hendrix
Vice President for Academic Affairs

Date

Dr. Debra Traywick, Chair KHS

Date

Dr. Jim Marshell, Dean CEPS

4/11/14

Date

Dr. John Barthell, Provost
Vice President for Academic Affairs

18 April, 2014

Date
Transfer Agreement
Rose State College: A.S. in Health and Sports Sciences-Exercise Fitness Management Option
University of Central Oklahoma: B.S. Kinesiology – Exercise/Fitness Management
Major Code: 3120

**Rose State College Courses**
**General Education as stated in RSC Catalog**
ENGL 1113 English Composition I
ENGL 1213 English Composition II
HIST 1493 U.S. History since 1877 or
HIST 1483 U.S. History to 1877
POLS 1113 American Federal Government
CHEM 1114
Life Science
MATH 1473 General College Math or
MATH 1513 College Algebra
SPCH 1213 Fundamentals of Speech
HUMANATIES 6 HRS.

**UCO courses**
ENG 1113 English Composition
ENG 1213 English Composition and Research
HIST 1493 History of the U.S. since 1877 or
HIST 1483 History of the U.S. to 1877
POL 1113 American National Government
CHEM 1014 Introduction Chemistry and Lab

MATH 1113 Math for General Ed. or
MATH 1513 College Algebra
MCOM 1113 Fundamentals of Speech
RSC A.S. degree completes UCO University Core.

HPER 1113 First Aid/First Responder
HPER 1202 Health and Wellness
HPER 1213 Introduction to Health and Sports Sciences
HPER 1222 Concepts of Fitness
HPER 2612 Legal Aspects of Health and Sports Sciences
HPER 2633 Principles of Personal Training

HLTH 2212 First Aid with Cardio Resuscitation
HLTH 1112 Healthy Life Styles
KINS 2643 Intro to Kinesiology
PHED 1402 Fitness Development and Assessment
KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
Elective

HES 2323 Nutrition
HPER 2702 Health and Sports Practicum

NTRN 1513 Intro to Nutrition (Elective)
KINS 4900 Practicum Kinesiology Health Studies
(Departmental Substitution)

Total 62 hours

**To be taken at the University of Central Oklahoma**

**Kinesiology - Exercise/Fitness Management**

**Required Core**

**Required Courses:**
HLTH 4103 Human Development
^KINS 3403 Principles in Leadership Development
^KINS 3623 Program Design and Management
KINS 3713 Research and Evaluation
^KINS 4433 Management Principles
Required Activity .............................................................. 2

Required Theory ............................................................ 35
  HLTH 3413 Nutrition for Sport and Fitness
  HLTH 3493 Physical Treatment of Athletic Injuries
  KINS 3112 Group Exercise Techniques
  ^KINS 4263 Performance Training Concepts
  ^KINS 4323 Exercise Programming for Special Populations
  ^KINS 4413 Applied Exercise Physiology
  ^KINS 4513 Fitness Assessment
  ^KINS 4523 Exercise Prescription
  ^**KINS 4900 Practicum in Kinesiology and Health Studies
       (1 hour)
  KINS 4950 Internship in Kinesiology and Health Studies
       (4 hours)
  PHED 3333 Mechanical Principles and Analysis of Movement
  REC 3513 Facility Management

* To be taken concurrently
** To be taken concurrently
^ Must be completed to enroll in the internship

Required Theory (Supporting Fields) ......................... 3
  CMSC 1053 Professional Computer Applications and Problem
          Solving (may be taken at RSC, CIT 1093 Computer Applications)

Major Electives — .................................................... 4
Selected from the following courses:
  HLTH 3263 Consumer Health and Media Advocacy
  HLTH 3403 Leadership and Ethics in Health Education
  HLTH 3453 Group Dynamics
  HLTH 4523 Health and Aging
  KINS 3503 Pharmacology for the Health/Fitness Professional
  KINS 3632 Grant Writing and Fundraising
  KINS 4910 Seminar in Kinesiology and Health Studies
       (1-4 hours)
  PHED 4442 Motor Learning
  REC 2433 Outdoor Pursuits
  REC 4363 Therapeutic Recreation

Electives to bring total to ............................................ 124

Minimum Grade Requirements
1. Average in all college course work and course work at UCO ........ 2.00
2. In courses in the major ............................................. C