Transfer Agreement
Between
Rose State College
and
University of Central Oklahoma

Effective Academic Year: 2018-2019

Associate in Science in Health and Sports Sciences- Exercise Fitness Management
To
Bachelor of Science in Kinesiology- Exercise Fitness Management

Associate in Science in Health and Sports Sciences-Personal Trainer
To
Bachelor of Science in Kinesiology- Exercise Fitness Management

Associate in Science in Health and Sports Sciences-Health, Physical Education, and Recreation
To
Bachelor of Science in Education-Physical Education/Health

[Signatures and dates]

Elizabeth Brown, Professor Health and Sports Science (HSS)
Date 1/29/19

Dr. Debra Traywick, Chair KHS
Date 1/21/18

Dr. Juanita Ortiz, Dean Social Sciences Division
Date 1/24/19

Dr. Jim Machell, Dean CEPS
Date 1/27/18

Dr. Jeff Caldwell, Interim Vice President for Academic Affairs
Date 3/4/19

Dr. John Barthell, Provost Vice President for Academic Affairs
Date 12-22-18
Transfer Agreement

Rose State College: A.S. in Health and Sports Sciences-Health, Physical Education and Recreation
University of Central Oklahoma: B.S. Ed. Physical Education-Health

To comply with this agreement, students must complete the associate’s degree with the major listed above and include the specific courses listed below.

Courses listed here are required for the agreement. Credited courses completed as part of the A.A. or A.S. that do not apply to the general education at RSC or the UCO major transfer to UCO as electives.

**RSC**

General Education requirements
ENG 1113 English Composition I
ENG 1213 English Composition II
MCOM 1213 Public Speaking
HPER 1113 First Aid/First Responder
HPER 1202 Health and Wellness
HPER 1213 Introduction to Health and Sports Science
HPER 1222 Concepts of Fitness

**UCO**

University Core completed with A.A or A.S.
ENG 1113 English Composition
ENG 1213 English Composition and Research
MCOM 1113 Fundamentals of Speech
HLTH 2212 First Aid with Cardio Resuscitation
HLTH 1112 Healthy Life Styles
PHED 2013 Intro. to Physical Ed/Health
PHED 1402 Fitness Development and Assessment

The three RSC courses listed immediately below are not required to be taken at RSC. They are recommended.

HPER 2643 Applied Anatomy
HPER 2503 Health Concepts for Children
HPER 2623 Physiology of Exercise

HLTH 3223 Applied Anatomy
HLTH 2113 Introduction to PK-12 Health
PHED 3503 Physiology of Exercise

This degree requires additional course work, including the general education, as stated in the OCCC Catalog. Other OCCC courses may or may not apply to the UCO major. That specific information can be found on the UCO website under the Online Transfer Guide.

(May be taken at RSC.) This signifies that a UCO course requirement can be met with the equivalent RSC course (found on the UCO website). To take this course at RSC, the student should confirm that it will fit into the associate’s degree without exceeding the requirements. A minimum of 60 hours must be taken at a baccalaureate granting institution. Exceeding 64 credit hours at the community college means the student will be required to take more than the minimum of 124 credit hour total. A minimum of 40 hours of 3/4000 level courses are required for the baccalaureate. Courses from community colleges are 1/2000 level.
Transfer Agreement
Rose State College: A.S. in Health and Sports Sciences-Exercise Fitness Management
University of Central Oklahoma: B.S. Kinesiology – Exercise/Fitness Management

To comply with this agreement, students must complete the associate’s degree with the major listed above and include the specific courses listed below.

Courses listed here are required for the agreement. Credited courses completed as part of the A.A. or A.S. that do not apply to the general education at RSC or the UCO major transfer to UCO as electives.

RSC
General Education requirements
HPER 1113 First Aid/First Responder
HPER 1202 Health and Wellness
HPER 1213 Introduction to Health and Sports Sciences
HPER 1222 Concepts of Fitness
HPER 2612 Legal Aspects of Health and Sports Sciences
HPER 2333 Sports Nutrition
HPER 2702 Health and Sports Science Practicum
HPER 2643 Applied Anatomy
HPER 2623 Physiology of Exercise

UCO
University Core completed with A.A or A.S.
HLTH 2212 First Aid with Cardio Resuscitation
HLTH 1112 Healthy Life Styles
KINS 2643 Intro to Kinesiology
PHED 1402 Fitness Development and Assessment
KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
HLTH 3413 Nutrition for Sport and Fitness
KINS 4900 Practicum Kinesiology Health Studies (Departmental Substitution)
HLTH 3223 Applied Anatomy
PHED 3503 Physiology of Exercise

This degree requires additional course work, including the general education, as stated in the RSC Catalog. Other RSC courses may or may not apply to the UCO major. That specific information can be found on the UCO website under the Online Transfer Guide.

(May be taken at RSC.) This signifies that a UCO course requirement can be met with the equivalent RSC course (found on the UCO website). To take this course at RSC, the student should confirm that it will fit into the associate’s degree without exceeding the requirements. A minimum of 60 hours must be taken at a baccalaureate granting institution. Exceeding 64 credit hours at the community college means the student will be required to take more than the minimum of 124 credit hour total. A minimum of 40 hours of 3/4000 level courses are required for the baccalaureate. Courses from community colleges are 1/2000 level.

Total at Rose State College.................................................................60-64

To be taken at the University of Central Oklahoma..................................60-64

Kinesiology - Exercise/Fitness Management ..................................61
Required Core...............................................................................15
Required Courses:

HLTH 4103 Human Development
Transfer Agreement
Rose State College: A.S. in Health and Sports Sciences-Personal Trainer
University of Central Oklahoma: B.S. Kinesiology – Exercise/Fitness Management

To comply with this agreement, students must complete the associate's degree with the major listed above and include the specific courses listed below.

Courses listed here are required for the agreement. Credited courses completed as part of the A.A. or A.S. that do not apply to the general education at RSC or the UCO major transfer to UCO as electives.

**RSC**
- General Education requirements
- HPER 1113 First Aid/First Responder
- HPER 1202 Health and Wellness
- HPER 1213 Introduction to Health and Sports Sciences
- HPER 1222 Concepts of Fitness
- HPER 2612 Legal Aspects of Health and Sports Sciences
- HPER 2623 Physiology of Exercise
- HPER 2643 Applied Anatomy
- HPER 2333 Sports Nutrition

**UCO**
- University Core completed with A.A or A.S.
- HLTR 2212 First Aid with Cardio Resuscitation
- HLTR 1112 Healthy Life Styles
- KINS 2643 Intro to Kinesiology Studies
- PHED 1402 Fitness Development and Assessment
- KINS 4252 Legal Aspects of Leisure Services and Fitness Programs
- PHED 3503 Physiology of Exercise
- HLTR 3223 Applied Anatomy
- HLTR 3413 Nutrition for Sport and Fitness

This degree requires additional course work, including the general education, as stated in the OCCC Catalog. Other OCCC courses may or may not apply to the UCO major. That specific information can be found on the UCO website under the Online Transfer Guide.

(May be taken at RSC.) This signifies that a UCO course requirement can be met with the equivalent RSC course (found on the UCO website). To take this course at RSC, the student should confirm that it will fit into the associate's degree without exceeding the requirements. A minimum of 60 hours must be taken at a baccalaureate granting institution. Exceeding 64 credit hours at the community college means the student will be required to take more than the minimum of 124 credit hour total. A minimum of 40 hours of 3/4000 level courses are required for the baccalaureate. Courses from community colleges are 1/2000 level.

**Total at Rose State College**..........................................................60-64

**To be taken at the University of Central Oklahoma**............................60-64
**Kinesiology - Exercise/Fitness Management**.................................61

Required Core ..................................................................................15

Required Courses:
- HLTR 4103 Human Development
- **KINS 3403** Principles in Leadership Development
- KINS 3623 Program Design and Management
- **KINS 3713** Research and Evaluation
- **KINS 4433** Management Principles

Required Theory ................................................................................38